

**Beaufort County-wide**

**-Economic Opportunity Commission**  
8:45-4:00pm (843)255-7220 Financial assist. for rent/utilities

**-Salvation Army** 8:30-4:30pm

(843)524-3727 Financial assist. for rent/utilities, clothing, food

**-Beaufort Housing Authority Applications**

accepted Mon-Fri 8:30-11:30 (843)525-7059

Housing assistance

**-Good Neighbor Medical Clinic** (843)470-9088

Free medical clinic

**-Parents as Teachers** (843)521-2399 Early

childhood services

**-Beaufort County Bright Beginnings**

(843)255-6291 Early Intervention (Division of

Beaufort DDSN)

**-Beaufort County Alcohol & Drug Abuse**

**Counseling** (843)255-6000

Alcohol and Drug abuse treatment

**-Hopeful Horizons** (843)524-2256

Children's Advocacy, Domestic Violence & Rape

Crisis Services (800)868-2632 (24hr hotline)

**-Hope Haven** (800)637-7273

Survivors of domestic and sexual violence

**-Lowcountry Council of Governments**

(843)473-3990 Workforce Development

**-Early Head Start Program** (843)255-7233

School readiness for kids (0-5)

**-Lowcountry Legal Volunteers** (843)815-1570

Affordable legal services

**-Lowcountry Area VITA** (843)321-9071

Free Tax preparation (multiple locations)

**-South Carolina Legal Services** 1(888)346-5592

Low-income legal services

**-Department of Social Services** (843)255-6080

1(888)CARE4US (1-888-227-3487) 24-hr Abuse

and Neglect Hotline

**-BabyNet** (843)379-7882 Child development,

parenting info & services

**-Beaufort County First Steps** (843)379-7873

Early intervention, parenting assist.

**-Beaufort County Disabilities and Special**

**Needs** (843)255-6300 Disability services

**-United Way of the Lowcountry** (843)982-3040

Serving Beaufort and Jasper counties, disaster

assist., food assist.

**Northern Beaufort County**

**-HELP of Beaufort** 9:30-12:30

(843)524-1223 Financial assist.

**-Franciscan Center** 10:00-3:00

(843)838-3924 Utility assist.

**-Leroy E. Browne Medical Center**

(843)838-2086 Free medical clinic

**-Port Royal Medical Center** (843)986-0900

Free medical clinic

**-Coastal Empire Community Mental Health**

**Center** (843)524-8899 mental health services

**Southern Beaufort County**

**-Bluffton Self Help** 10:00-4:00

(843)757-8000 Financial assist.

**-Deep Well** 9:00-5:00 (843)785-2849

Financial assist.

**-Pregnancy Center & Clinic of the Lowcountry**

(843)689-2222 Free prenatal education & care

**-Coastal Empire Community Mental Health**

**Center** (843)681-4865 mental health

**-Hope Performance Systems** (843)547-0200

Mental health services

**-NAAMI Beaufort County** (843)636-3100

Mental health services

**-Boys and Girls Club of the Lowcountry**

(843)379-5430 child and youth programs

**-Catholic Charities Office of Immigration**

**Services** (843)785-2200 Immigration services

**Jasper County**

**-Agape Family Life Center** 9:00-5:00

(843)785-2849 Food pantry

**-Bluffton Self Help** 10:00-4:00 (843)785-

8000financial assist., food assist.

**-Economic Opportunity Commission Office**

(843)726-5586 Financial assist.

**-Salvation Army** 8:30-4:30

(843)524-3727 Financial assist.

**-Hopeful Horizons** (800)868-2632

Domestic Violence shelter

**-Safe Haven** (843)599-9270 or

(843)549-1597 Shelter for families

**-Volunteers In Medicine** (843)645-9090 Free

medical clinic

**-Beaufort-Jasper-Hampton Comprehensive**

**Health Services, Inc.** (843)987-7400 Free

medical clinic, Spanish services avail.

**-Chelsea Medical Center** (843)987-7400

Free medical clinic

**-Ridgeland Medical Center** (843)726-3979

Free medical clinic

**-Behavioral Health Counseling Wright**

**Directions** (843)645-7700 behavioral health

counseling

**Hampton County**

**-Hampton Medical Center** (803)943-2233

Free medical clinic

**-Lowcountry Community Action Agency**

(843)549-5576 financial assist.

## **Agencies & Organizations in Beaufort & Jasper Counties that Offer Food & Clothing Assistance**

**Food Pantry by Christ Temple Church:** The Food Pantry of Bethel United Methodist Church provides free food to feed families and individuals in need within the Colleton County area.

Hours of Operation-The pantry operates every 2nd and 4th Thursday of the month.

Phone Number- (843) 549-7691

Address- 355 Hampton Street Walterboro, SC 29488

### **Allendale**

**New Life Church:** Provides food to individuals and families.

Phone Number- (803) 584-5960

Address- 119 Oswald Drive Allendale, SC 29810

**Inside Outside Ministries II:** Provides food to individuals and families.

Hours of Operation- Between 3:00 PM and 5:00 PM on Tuesday

Phone Number- (803) 686-1798

Address- 3945 Allendale Fairfax Highway Allendale, SC 29810

# Agencies & Organizations in Beaufort & Jasper Counties that Offer Food & Clothing Assistance

## Beaufort Area

**Help of Beaufort:** Provides food and clothing assistance to families in need.

Hours of Operation- Monday-Friday 9:30-12:30

Phone Number- (843) 524-1223

Address- 1810 Ribaut Road, Port Royal, SC 29935

**Community Bible Church Pantry:** To meet the physical and spiritual needs of persons at risk for insufficient food in and surrounding areas to Beaufort County, South Carolina through the formation of a CBC Food Pantry. The Food Pantry serves Beaufort County residents who are unemployed, working poor, and/or underemployed; individuals with disabilities; those with health issues and related costs; the elderly; and children.

Hours of Operation- Thursdays, Fridays and Saturdays 9:30 - 11:30 AM

Phone Number- (843) 379-2229

Address- 638 Parris Island Gtwy Beaufort SC, 29906

\*The pantry is located in the yellow double wide mobile home on the back property of the church.

Additional Information- The pantry serves anyone in need of short term emergency food. Those in need are eligible to receive food once every 28 to 30 days. Individuals and families only need to complete a simple application and present a picture ID.

**Free Born Deliverance Temple:** Provides food to individuals and families.

Phone Number- (843) 986-0840

Address- 113 Broad River Road Beaufort, SC 29906

**Franciscan Center:** The center serves the under-served and persons with disabilities by partnering with donors, area churches, foundations, and agencies to provide food, clothing, home repairs, assistance with utility and prescription payments, and access to education. The sisters also offer spiritual support and prayer to the Center's clients, volunteers, partners, and those seeking refuge in the Lord and the solace of our beautiful location.

Phone Number- (843) 838-3924

Address- 85 Mattis Road St. Helena, SC 29902

**Salvation Army of Beaufort:** If you are in need of support, there are many ways The Salvation Army may be able to help. Please feel free to contact us if you are in need of the following: Food Assistance, Emergency Assistance with Rent and Utilities, Christmas Assistance, Worship & Emergency Disaster Services

Hours of Operation- Monday-Friday 10:00-4:00

Phone Number- (843) 524-3727

Address- 2505 North Street Beaufort, SC 29902

Email Address- BeaufortSC@uss.salvationarmy.org

**Praise Assembly of God:** Provides food to individuals and families.

Hours of Operation- Wednesday 10:00-1:00

Phone Number- (843) 525-1121

Address- 800 Parris Island Gtwy Beaufort, SC 29902

# Agencies & Organizations in Beaufort & Jasper Counties that Offer Food & Clothing Assistance

## Bluffton Area

**The Church of the Cross Food Bank:** Provides food to individuals and families.

Hours of Operation- Monday 12:30-2:00 & 4:30-6:00

Phone Number- (843) 757-2661

Address- 110 Calhoun Street Bluffton, SC 29910

**Bluffton Self-Help:** Provides food, clothing, cleaning supplies, diapers, hygiene items and education and employment assistance to individuals and families struggling.

Hours of Operation- Wednesday 10am-12pm & 4-6pm & Friday 10am-12pm

Phone Number- (843) 757-8000

Address- 39 Sheridan Park Circle Bluffton, SC 29910

## Hilton Head Island

**Sandalwood Community Food Pantry:** The Sandalwood Community Food Pantry serves the hungry and the needy on Hilton Head Island, SC.

Hours of Operation- Tuesdays from 9:30-1200

Phone Number- (843) 715-3583

Address- 114 Beach City Road Hilton Head, SC 29938

**Holy Family Food Pantry:** Provides food to individuals and families.

Phone Number- (843) 785-2895

Address- 24 Pope Avenue Hilton Head, SC 29928

**Deep Well Project:** Provides emergency assistance to local individuals and families in the community such as clothing, food, school supplies, and medication & utility assistance.

Hours of Operation- Monday-Friday 9:00-5:00

Phone Number- (843) 785-2849

Address- 80 Capital Drive Hilton Head, SC 29926

Email Address- deepwellprojecthhi@gmail.com

**Second Helpings:** Second Helpings and our Agency Partners serve a culturally diverse range of populations in a variety of ways. These include soup kitchens, food pantries, homeless shelters, shelters for victims of domestic violence, Boys and Girls Clubs, senior centers, and more. Our focus with each of these groups is to serve the greatest number of people in an area while avoiding duplication of services.

Phone Number- (843) 689-3689

Address- 4 Northridge Drive Suite C Hilton Head, SC 29926

Email Address- OFFICEADMIN@SECONDHELPINGSLC.ORG

## Yemassee

**Lowcountry Foodbank:** Lowcountry Food Bank offers Mobile Pantry, Fresh for All, and Fresh Xpress food distributions across our service area. Mobile Pantry and Fresh for All distributions are hosted by LCFB, Fresh Xpress distributions are hosted by our partner agencies.

**Reducing the effects of poverty in Beaufort and Jasper counties by promoting self-sufficiency and economic independence.**

Elevating health, education, and economic standards of low-income residents in our services delivery area is our primary focus. We serve as a network for the state's not-for-profit and related governmental units to address the daily challenges of the disadvantaged in South Carolina in the most effective manner possible. Recipients must prove their economic sustainability. BJEOC's assistance is meant to help individuals or families reach a point where they can assist themselves without public funding. The Community Action Agency is part of an extensive regional network of faith-based and non-profit agencies that work on a knowledgeable referral basis. If we cannot help a client, we will help that recipient find the appropriate channel to meet their needs.

**Programs & Services Offered:**

**Head Start/Early Head Start-** Beaufort-Jasper Head Start is one of several programs sponsored by Beaufort-Jasper EOC. Head Start is a federally funded program that promotes school readiness of children ages birth to five from low-income families by supporting their development in a comprehensive way to meet their educational developmental, emotional, social, health, mental health and nutritional needs. Parents and families are supported in achieving their own goals, such as housing stability, continued education, and financial security. Programs support and strengthen parent-child relationships and engage families around children's learning and development.

Since 1965, Beaufort-Jasper EOC Head Start Program has served thousands of children in Beaufort and Jasper Counties. Beaufort-Jasper Head Start serves children from 6 weeks thorough 4 years old. The programs funded enrollment includes 439 Head Start preschool slots and 120 Early Head Start slots serving infant, toddlers and prenatal mothers. Head Start and Early Head Start programs provide services to over a million children annually nationwide.

Our mission at Beaufort-Jasper EOC Head Start is to provide quality services to our community through the empowerment of children, families, and staff.

**Community Services Block Grant (CSBG) Program-** The purpose of this state funded grant is to provide a range of activities that have a measurable and potentially major impact on the causes of poverty.

Beaufort and Jasper counties have thousands of individuals who are either at or below 100% poverty level, as defined by the federal government. The needs of these socio-economically-disadvantaged individuals encompass the entire range of life coping necessities, inclusive of shelter, food, clothing, health, education and employment, etc.

## Beaufort Jasper EOC Programs & Services

Beaufort-Jasper EOC is funded, annually, to design innovative projects and provide necessary services that will lead to social and economic self-sufficiency. Presently, the agency is providing several specific projects that address the needs of the poor and attempt to solve many of their daily problems.

**Low-Income Energy Assistance Program (LIHEAP)**- The Low-Income Home Energy Assistance Program (aka LIHEAP) is a federally funded program that helps economically disadvantaged households with their home energy bills. LIHEAP can help you stay warm in the winter and cool in the summer. By doing so, you can reduce the risk of health and safety problems (such as illness, fire, or eviction).

- LIHEAP is a grant you do not have to repay for the help you receive.
- You do not have to receive public assistance to qualify.
- You can either rent or own your home to qualify for LIHEAP funds.

### **Things to know about LIHEAP:**

- You might be eligible for a utility assistance grant through LIHEAP if you are an economically disadvantaged resident of Beaufort-Jasper County. To know if you are income-eligible, call us and we will inform you of the program and income eligibility. LIHEAP determines income eligibility based on the Federal Poverty Guidelines. Household circumstances are different, we assess them individually. LIHEAP also looks at income differently than some other federally funded programs. If applicable, LIHEAP program participants may receive assistance once per year when funds are available.
- LIHEAP is primarily used to assist households with a utility assistance grant made directly to the energy provider. If applicable, our program may also be able to assist you in the repair or replacement of an unsafe, inoperative, and/or dysfunctional heating ventilation and air conditioning system.
- Applications are completed in person at one of our four offices around the Beaufort-Jasper area. You can apply for a LIHEAP utility assistance grant twice per calendar year and not within 30 days of receiving assistance.
- Please call and speak with our specialist about different funding for different heating/cooling sources.
- The following documents must be presented to staff to complete an application for a LIHEAP utility assistance grant. Failing to present a required document will result in an incomplete application. Incomplete applications will be voided and assistance will be denied.

All clients must:

- Be residents of Jasper or Beaufort County
- Meet federal income guidelines
- Present a state-issued picture ID with the current address for the applicant.
- Present a legible, valid social security card for all household members.
- Present total income for all household members within the past 30 days prior to application
- Provide three (3) most recent energy bills – the energy bill must have a balance due within the last 90 days. Names must match on all documents. Beaufort-Jasper EOC cannot assist if there is a credit or zero balance on the account

## Beaufort Jasper EOC Programs & Services

Applicant will not get any money. Your energy provider will receive a payment from Beaufort-Jasper EOC on your behalf. The amount of money awarded to your household will depend on multiple factors. Funding received is based on a set formula. If applicable, Beaufort-Jasper EOC can assist with up to \$1,000 in some instances.

**Low-Income Energy Assistance Program /American Rescue Plan (LIHEAP-ARP):** The mission of the Low-Income Home Energy Assistance Program/American Rescue Plan (LIHEAP/ARP) is to assist vulnerable low-income households in meeting their immediate home energy need in reaction to the Pandemic.

- In response to the American Rescue Plan initiative, the agency will provide LIHEAP relief in the form of energy assistance to eligible and vulnerable low-income households in an effort to combat and/or mitigate economic harm from the COVID-19 pandemic.
- If eligible, households will receive a one-time LIHEAP-ARP benefit up to \$1,500.00 to offset utility costs.
- If eligible, households will receive energy counseling, vendor mediation, or referrals to aid of household energy usage/burden.
- Our predicted outcome, households will maintain utilities. Seniors will maintain an independent living situation. Individuals with disabilities will maintain an independent living situation.

**General Emergency Assistance (GEAP) PROGRAM:** The purpose of this program is to assist eligible clients in meeting emergency needs. Assistance is given, during a crisis situation, in the areas of providing food, clothing, repairs to home heating devices, payment for temporary shelter, necessary transportation, medical services, etc.

To be eligible for this type of assistance, a household's income must not exceed 125% of the poverty level. The circumstances, which created the need for assistance, must have occurred not more than 30 days prior to the date of application. There is a maximum dollar amount of assistance that cannot be exceeded by any one household within a twelve (12) months' period. However, the actual amount authorized for any household will be determined on a case-by-case basis. Support services may be provided in either of the following areas: childcare, medical exam, transportation or any other service unique to a particular situation. Our efforts in the area of employment assistance are coordinated with both the public and private sectors for maximum utilization of available resources and benefits to be delivered.

**Housing Preservation Grant (HPG) Program:** Because of the astounding number of families and individuals from the very low-income population living in sub-standard housing, BJEOC has committed itself to helping decrease these numbers. The Housing Preservation Grant Program, funded under the USDA-Rural Development Administration, as well as South Carolina State Housing Finance & Development Authority both funding sources allows for necessary home repairs/improvements that will significantly preserve the structure.

HPG funds may be used to make improvements that contribute to the health, safety and well-

## Beaufort Jasper EOC Programs & Services

being of the occupant, structural integrity or long-term preservation of the owner occupied single family dwelling.

**Youth Leadership Program:** YLP is a state funded program by the Governor's Office of Economic Opportunity. Beaufort-Jasper Economic Opportunity Commission is one of 15 community action agencies in the state that co-sponsors the program.

The YLP provides income-eligible middle and high school students educational opportunities that target improvement in academic, behavioral and social achievement; long range resulting in increased self-sufficiency. Students who complete the program will be able to describe how character aids in the attainment of goals, emotional health and healthy relationships. Students will be able to demonstrate critical thinking skill, decision making and problem solving skills.

The YLP provides innovative activities in personal development and character building, leadership skills, educational achievement, career exploration, and civic responsibility.

**Seniors Farmers' Market:** By using CSBG dollars to implement the administration of the program we were successfully able to provide nutritional information as well as fresh produce to the seniors in both counties, and an economic advantage to our local farmers.

The Senior Farmers' Market Nutrition Program is a win-win program for our communities in Beaufort and Jasper Counties. The Senior Farmers' Market Nutrition Program is improving the nutrition of participating low-income seniors who may be nutritionally at risk by helping them purchase fruits and vegetables at farmers' markets.

The Senior Farmers' Market Nutrition Program Provides an opportunity for low-income seniors to improve their nutrition by increasing their consumption of fresh fruit and vegetables. This program also benefits local farmers because it brings additional customers to their markets.



# Clinical Resources



GNMC has a partnership with USCB's Nursing program to provide clinical experience to nursing students.

Practice Fusion is GNMC's electronic medical record (EMR) program. Through Practice Fusion, we schedule appointments, chart medical notes, store patient information and much more.



## Direct Provider Resources

GNMC works with key local specialists directly to develop relationships and better access for our patients.



**Dental Services** provided through Sea Island Rotary Smile Mobile and Beaufort Jasper Comp Health.



**Eye Care** provided through Dr. Michael Harris and Sungate Medical, Dr. Denise Carter. Provide emergency and diabetic eye exams.



**Pulmonary Care** provided through Palmetto Pulmonary Medicine, Dr. Peter Manos.



**Medicare**

**Transition to Medicare** provided through Lowcountry Council of Governments. LCOG helps our patients as they age out of our program.

Good Neighbor's services are made possible with the help of volunteers, gifts from individuals, churches, businesses and grant opportunities.

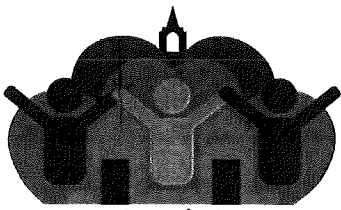


MEMBER



SOUTH CAROLINA  
FREE CLINIC ASSOCIATION

*Care When It Counts*

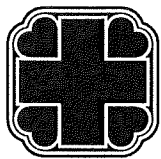


**Good Neighbor  
Medical Clinic**

GNMC provides **FREE** primary health care along with specialty care to eligible adults living or working in Beaufort County. Current specialty care includes nonsurgical cardiology, diabetic education, ENT, general surgery, GI, gynecology, podiatry , physical therapy and medication reconciliation . To qualify, patients must be 18-65 years of age, with income below 250% of the federal poverty level and have no insurance/Medicare/Medicaid.

**974 Ribaut Road • Beaufort, SC 29902 • 843.470.9088 [www.gnfmcbeaufort.org](http://www.gnfmcbeaufort.org)**

## Clinical Resources



**Beaufort  
Memorial**

Beaufort Memorial Hospital (BMH) is our local Hospital. Through GNMC's partnership with BMH, our patients receive imaging and laboratory services at no cost. BMH also graciously provides the space for our clinic.

AccessHealth Lowcountry (AHL) is a program that helps our patients find medical care with specialty providers who offer free or sliding fee scale services. AHL also helps to navigate referrals to the Addiction Clinic and the Smile Mobile. AccessHealth has a separate application process with similar eligibility requirements.



**ACCESSHEALTH  
LOWCOUNTRY**

**Welvista**

Welvista is a mail-order, need based pharmacy program. GNMC's intake process is directly linked to the Welvista application. Through Welvista, our patients have access to over 160 free prescription medications.

Best Chance Network (BCN) is DHEC's breast and cervical cancer early detection program. Through BCN, GNMC is able to order diagnostic and routine mammograms for our female patients.



**Best  
Chance  
Network**

for women's cancer screening



Resource Medical Group provides assistance in getting medical supplies for our patients including oxygen, CPAP machines and supplies.

**Proudly serving our Beaufort neighbors since 2007.**

I want to help the Child Abuse Prevention Association break the cycle of abuse:

Name: \_\_\_\_\_  
Phone: \_\_\_\_\_  
Email: \_\_\_\_\_  
Address: \_\_\_\_\_  
\_\_\_\_\_

Enclosed is a check (payable to CAPA) for \$ \_\_\_\_\_ or please charge my credit card for \$ \_\_\_\_\_  
CC#: \_\_\_\_\_  
Exp \_\_\_ / \_\_\_ / \_\_\_ CVV# \_\_\_\_\_  
Signature: \_\_\_\_\_

You may also make a donation online at [www.capabeaufort.org](http://www.capabeaufort.org).

Thank you for your support.

*"I like that I have friends and family. That we are one big family. I get a lot to eat and I have friends."*

- Former Children's Home Resident

**All children** deserve to be **loved, nurtured** and **kept safe** from intentional and unintentional harm.



CAPA  
PO Box 531  
Beaufort, SC 29901







## What We Do

CAPA **breaks the destructive cycle** of child abuse and neglect by equipping parents, children and their caregivers with **necessary skills, knowledge** and **values**.

CAPA offers:

- Abuse Awareness and Prevention Education to 1st, 3rd, 5th grade students in BCSD
- Adolescent Pregnancy Prevention
- Positive Parenting Program (Triple P)
- Exchange Parent Aide Program
- Safe Sleep Education/Cribs for Kids
- Mandated Reporter Training
- P.S. We Love You, a parenting support group
- Men of Strength Club (MOST)
- Mentors in Violence Prevention (MVP)

## Our Children's Home

CAPA's **Open Arms Children's Home** for abused and neglected children is the **only** emergency shelter serving Beaufort, Jasper, Allendale, Hampton and Colleton counties.

The shelter is a 4,600 sqft, 16 bed facility staffed 24 hours a day for residents ages **birth to 21**. Since opening in 1985, over **2,200** children have been placed in the shelter.

In 2014, **69 children** lived in our home with an average length of stay of **67 days**.

CAPA provides each child with family style meals, clothing, school tutors, encouragement and **love**.

## How do your funds help children?

- \$25 Funds a Triple P Parenting class.
- \$100 Prints materials for School Outreach.
- \$150 Buys a set of school uniforms for a child.



CAPA is nationally accredited by the Council on Accreditation (COA), a National Exchange Club affiliate CAP center, and a member of the Children's Trust of South Carolina, South Carolina Association of Nonprofit Organizations (SCANPO), the Beaufort County Human Services Alliance and a founding member of the Abuse Prevention Coalition.

## What can you do?

- ✓ Add to CAPA's Endowment Fund through the Community Foundation of the Lowcountry (CFL)
- ✓ Leave a lasting legacy - remember CAPA in your will or living trust
- ✓ Give a tangible donation of stocks, insurance policies, cars, boats, mobile homes, real estate properties, etc.
- ✓ Provide in-kind donations from your business such as electrical, lawn or cleaning services
- ✓ Donate new or gently used items to CAPA's Closet Thrift Store
- ✓ Volunteer your time
- ✓ Invite a CAPA representative to speak with your group
- ✓ Sponsor and/or participate in a CAPA event
- ✓ Return the donor form found in this brochure to:

Child Abuse Prevention Association

PO Box 531, Beaufort, SC 29901

(843) 524-4350

[kids@capabeaufort.org](mailto:kids@capabeaufort.org)

Visit us on the web:

[www.capabeaufort.org](http://www.capabeaufort.org)





## Our Team

Our team of addiction psychiatrists, medical doctors, nurses, psychologists, and Master's-level counselors deliver an interdisciplinary approach to treatment that gives us the ability to treat Axis I disorders along with the addiction. Personalized treatment plans are developed for each client, helping to uncover the underlying trauma, issues and triggers that foster their addictive behaviors. Offering evidence-based clinical interventions and medical support, our program provides the tools and support clients need to maintain a healthy lifestyle and long-term recovery.

### Sample Daily Schedule

MORNING	AFTERNOON	EVENING
Meditation	Seeking Safety	Life Skills
Process Group	Recreation Therapy	In-House 12-Step Meeting
Biology of Addiction	Relapse Prevention	Independent Study

## Sunspire Health National Network

### NORTHWEST REGION

**Astoria Pointe**  
Astoria, OR (Men Only)

**The Rosebriar**  
Astoria, OR (Women Only)

### SOUTHWEST REGION

**Desert Palms**  
Cathedral City, CA

**Texas**  
Princeton, TX

### MIDWEST REGION

**Heartland**  
Gilman, IL

### NORTHEAST REGION

**Spring Hill**  
Asby, MA

**Hilton Head**  
Hilton Head, SC

### SUNSPIRE FLORIDA

**Hyde Park**  
Tampa, FL (Women Only)

**Recovery Road**  
Palm Beach Gardens, FL  
(Men Only)

## About Sunspire Health

Sunspire Health is a diverse nationwide network of small behavioral healthcare centers dedicated to a personal approach to care. We specialize in evidence and abstinence-based clinical and medical interventions for individuals and families affected by substance use and co-occurring disorders.

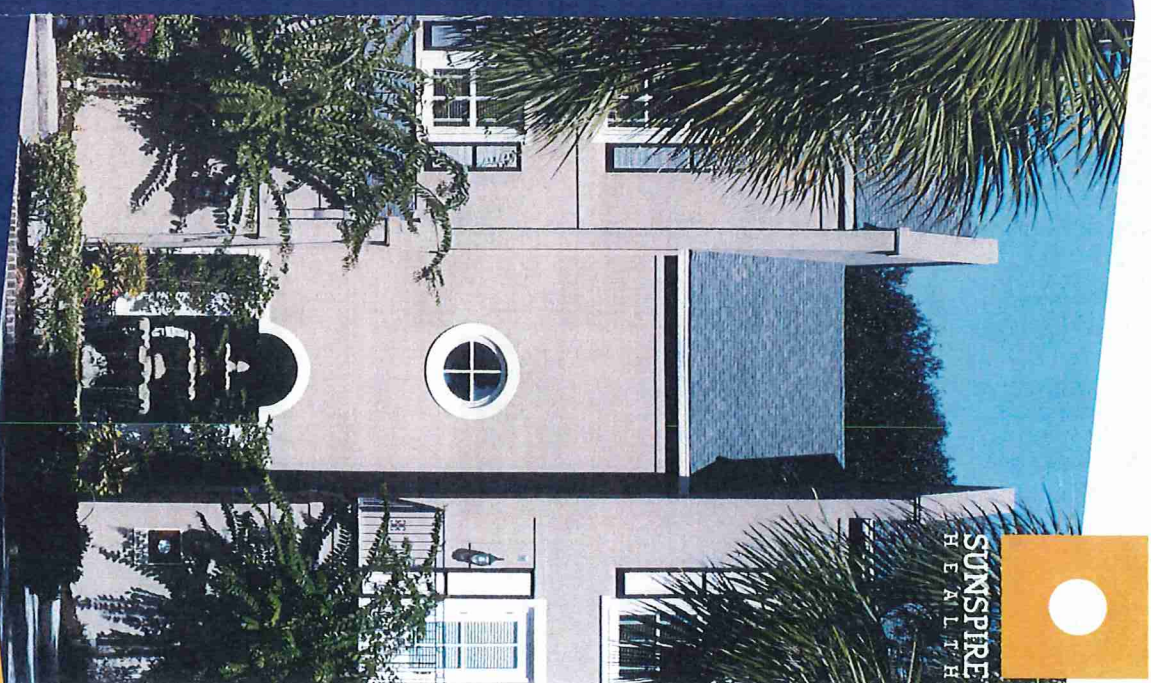
**Many insurance plans accepted.  
Financing options available.**

**Admissions Counselors  
Available 24/7 | 843.614.3880**



2200 Main Street, Hilton Head, SC 29926

[sunspirehealth.com](http://sunspirehealth.com)



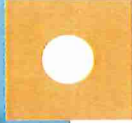
SUNSPIRE  
HEALTH

Sunspire Health

# Hilton Head

[sunspirehealth.com](http://sunspirehealth.com) | 843.614.3880





## Sunspire Health

# Hilton Head

is a boutique residential treatment center for men and women affected by substance use and co-occurring disorders. This comprehensive and intimate program offers a full continuum of care utilizing an evidence-based clinical curriculum.

Hilton Head excels at treating co-occurring trauma and psychiatric conditions such as anxiety, depression, and bipolar and borderline personality disorders.

Located on Hilton Head Island in South Carolina, the 33-bed program offers the ideal location for individuals who require confidentiality, intimacy and an individualized approach. This former boutique hotel has been remodeled to offer an upscale environment, including gender-specific treatment floors, all surrounded by beautiful gardens.

## Sunspire Health Treatment Programs & Modalities

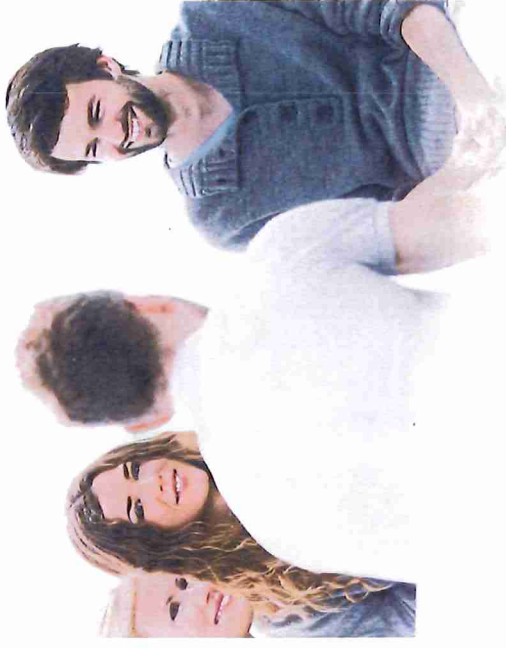
- Cognitive Behavioral Therapy (CBT)
- Comprehensive Assessment
- Dialectical Behavioral Therapy (DBT)
- Evidence-Based Medications
- Expert Psychiatry by Board Certified Physicians
- Eye Movement Desensitization and Reprocessing (EMDR)
- Family Program
- Individual and Group Therapy
- Prolonged Exposure (PE)
- Seeking Safety for Trauma Resolution
- 12-Step / Self-Help Support

## Additional Services

- Equine Therapy
- Massage Therapy
- Meditation
- Recreation (on-site pool & local gym)
- Yoga

## Levels of Care

- Onsite Medically Supervised Detoxification
- Residential Treatment
- The Courage Program - Ongoing Alumni Engagement and Support



## Our Mission

Sunspire Health Hilton Head's mission is to provide clinical excellence for men and women suffering with substance use and co-occurring mental health disorders. We offer an integrated approach to treatment, utilizing evidence-based clinical interventions supported by use of evidence-based medical support. Our abstinence-focused approach and holistic therapies provide clients with the well-rounded care, support and tools to address underlying issues to maintain a full life in long-term recovery.



**The Salvation Army**  
**EMERGENCY FINANCIAL ASSISTANCE**

---

**Electric Assistance**

- Photo ID
- Final Notice (from Dominion Energy)
- Past Due Bill (from Dominion Energy)

---

Monthly Expenses (printed copies only, not on telephone)

- |                                     |                      |
|-------------------------------------|----------------------|
| - Lease or Mortgage Papers          | - Electric           |
| - Water                             | - Gas for home       |
| - Cable/Internet                    | - Phone              |
| - Credit Card statement or receipt  | - Loans              |
| - Car payment statement or receipt  | - Medical Bills      |
| - Auto Insurance payment or receipt | - Furniture payments |
| - Childcare bill or receipt         |                      |

Income Verification

- Paystubs
- Food Stamps/Family Independence Printout from DSS
- Social Security Income
- VA Pension
- Retirement Pension
- Unemployment Printout
- Alimony
- Child Support
- All income sources

843 524 3727

2505 North Street  
Beaufort, SC 29902

30 min walk-in  
appointment

Monday - Thursday  
8:30 - 4:30

**Other Available Assistance**

**Water**  
**Gas Company**  
**Rental/Mortgage**

