

## Mental Health Support Hotlines

**Crisis Text Hotline:** Crisis Text Line is free, 24/7 support for those in any crisis or need to talk. Text 741741 from anywhere in the U.S. to text with a trained Crisis Counselor. Crisis Text Line trains volunteers to support people in crisis.

**24/7 Support Line Victims of Domestic Violence:** To access any of our services, please call our **24/7 Support Line** at (843) 524-2256 or (800) 868-2632. Hopeful Horizons' 24/7 Support Line is staffed by well trained staff and volunteers who are available around the clock to provide crisis intervention for victims of domestic violence. Having someone available around the clock to provide assistance, emotional support, or to simply lend a listening ear can go a long way to paving the path towards healing.

**The National Suicide Prevention Lifeline:** is a United States based suicide prevention network of 161 crisis centers that provide a 24/7, toll free hotline available to anyone in suicidal crisis or emotional distress. After dialing 1-800-273-TALK, the caller is routed to their nearest crisis center to receive immediate counseling and local mental health referrals. The Lifeline support people who call for themselves or someone they care about

**The Veterans Crisis Line:** is a confidential resource that's available to anyone, even if you're not registered with VA or enrolled in VA health care. The caring, qualified responders at the Veterans Crisis Line are specially trained and experienced in helping Veterans of all ages and circumstances.

**SAMHSA's National Helpline:** 1-800-662-HELP (4357), (also known as the Treatment Referral Routing Service) or TTY: 1-800-487-4889 is a confidential, free, 24-hour-a-day, 365-day-a-year, information service, in English and Spanish, for individuals and family members facing mental and/or substance use disorders. The services provides referrals to local treatment facilities, support groups, and community-based organizations. Caller can also order free publications and other information.

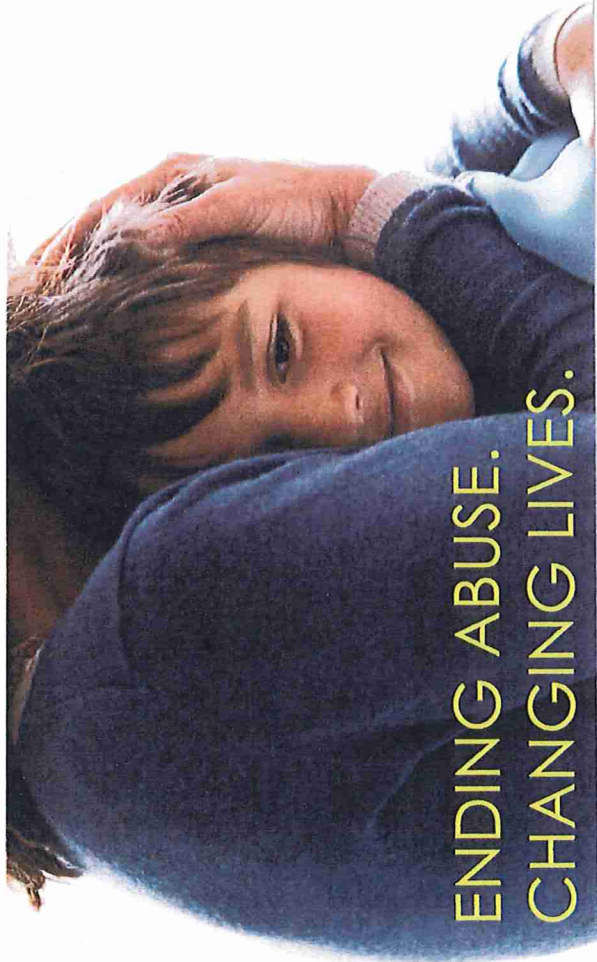




Hopeful  
Horizons

A CHILDREN'S ADVOCACY, DOMESTIC  
VIOLENCE + RAPE CRISIS CENTER.

www.hopefulhorizons.org  
843.524.2256 | 800.858.2632 - 24hr Crisis Hotline



ENDING ABUSE.  
CHANGING LIVES.

## CHILDREN'S ADVOCACY, DOMESTIC VIOLENCE + RAPE CRISIS SERVICES:

- FORENSIC INTERVIEWS + MEDICAL EVALUATIONS FOR CHILD ABUSE CASES
- 24 HOUR CRISIS INTERVENTION FOR DOMESTIC VIOLENCE + SEXUAL ASSAULT
- EMERGENCY SAFE SHELTER FOR VICTIMS OF DOMESTIC VIOLENCE + THEIR CHILDREN
- EVIDENCE-BASED TRAUMA TREATMENT
- FAMILY ADVOCACY
- CASE MANAGEMENT
- LEGAL ASSISTANCE
- COUNSELING + SUPPORT GROUPS
- MULTI-DISCIPLINARY CASE COLLABORATION

## PREVENTION AND OUTREACH:

- COMMUNITY EDUCATION + PROFESSIONAL TRAININGS
- EVIDENCE-BASED VIOLENCE PREVENTION PROGRAMS
- FAMILY STRENGTHENING PROGRAMS



843.524.2256 | 800.858.2632 - 24HR CRISIS HOTLINE

# BEAUFORT COUNTY SCHOOL DISTRICT

## COUNSELING RESOURCE GUIDE

2021-2022 SCHOOL YEAR

*This guide is provided by Beaufort County School District as a resource in finding providers of mental health counseling, rehabilitative behavioral health services, alcohol and drug abuse counseling and support for troubled youth.*

*Although we support each of these agencies as partners, BCSD does not endorse any one of the agencies over another.*

### MENTAL HEALTH COUNSELING

*Coastal Empire Community Mental Health Center*

1050 Ribaut Road  
Beaufort, SC 29902  
843-524-8899  
[www.cecmhc.org](http://www.cecmhc.org)

*Coastal Empire Community Mental Health Center*

151 Dillon Road  
Hilton Head, SC 29926  
843-681-4865  
[www.cecmhc.org](http://www.cecmhc.org)

*Community Crisis Response Intervention (CCRI)*

CCRI Access Line 24/7/365  
833-DMH-CCRI  
833-(364-2274)  
[www.scdmh.net](http://www.scdmh.net)  
Email: [ccri@scdmh.org](mailto:ccri@scdmh.org)

*Hope Performance Systems*

262 Red Cedar Street Suite #4  
Bluffton, SC 29910  
843-547-0200  
[www.hopeperformancesystems.com](http://www.hopeperformancesystems.com)

*NAMI Beaufort County*

117 William Hilton Parkway, Suite K  
Hilton Head Island, SC 29925  
843-681-220  
[www.NAMIBeaufortCounty.com](http://www.NAMIBeaufortCounty.com)

### BEHAVIORAL HEALTH COUNSELING

*Wright Direction Family Services*

77 Hazzard Creek Village Drive C  
Ridgeland, SC 29936  
(843) 645-7700  
[www.wrightdfs.com](http://www.wrightdfs.com)

### ALCOHOL & DRUG ABUSE COUNSELING

*Beaufort County Alcohol & Drug Abuse Department*

1905 Duke Street Suite #205  
Beaufort, SC 29902  
(843) 255-6000  
[www.bcgov.net](http://www.bcgov.net)

*Beaufort County Alcohol & Drug Abuse Department*

4819 Bluffton Parkway Suite 303  
Bluffton, SC 29910  
(843) 255-6020  
[www.bcgov.net](http://www.bcgov.net)

*Hope Performance Systems*

262 Red Cedar Street Suite #4  
Bluffton, SC 29910  
843-547-0200  
[www.hopeperformancesystems.com](http://www.hopeperformancesystems.com)

### SUPPORT FOR TROUBLED YOUTH

*John de la Howe School (Grades 6-10)*

192 Gettys Road  
McCormick, SC 29835  
(864) 391-2131  
[www.delahowe.k12.sc.us](http://www.delahowe.k12.sc.us)

*South Carolina Youth Advocate Program*

(Ages Birth - 21)  
140 Stoneridge Drive  
Suite 350  
Columbia, SC 29210  
(803) 779-5500  
[www.scyap.com](http://www.scyap.com)

*SC Youth Challenge Academy (Ages 16-18)*

5471 Leesburg Road Bldg 3891  
Eastover, SC 29044  
803.299.4872  
[www.scyouthchallenge.com](http://www.scyouthchallenge.com)

*Wil Lou Gray Opportunity School (Ages 16-19)*

3300 W Campus Road  
West Columbia, SC 29170  
(803) 896-6480  
[www.willougray.org](http://www.willougray.org)

### GRIEF COUNSELING

*Friends of Caroline Hospice*

1110 13th Street  
Port Royal, SC 29935  
(843) 525-6257  
[www.friendsofcarolinehospice.com](http://www.friendsofcarolinehospice.com)

*Hospice Care of the Lowcountry*

7 Plantation Park Drive  
Bluffton, SC 29910  
(843) 706-2296  
[www.hospicecarelc.org](http://www.hospicecarelc.org)